

# ***Solution-Focused Workshops and Coaching***

***For Education, Health Care, Counselling,  
Human Service Professionals,  
Managers and Supervisors***

**2009-2010 Alberta British Columbia Ontario Caribbean**

**The Solution-Focused Approach** is different from problem-solving models. The focus is on solution-building rather than deficits and history of the problem. Consequently, **solutions are rapidly generated**. The SF approach is effective with a wide range of problems including mental and physical illness, addictions, behaviour problems, school problems, and organizational development. You will learn powerful skills for dealing with complex problems.

**Learn solution-focused skills for creating change quickly and effectively.**

- Shift a meeting from "problem talk" to "solution talk"
- Work with "unmotivated" clients, students and patients
- Work with chronic illness, addictions, & multi- problem clients
- SF conflict resolution
- Brief, single-session counselling
- Become a solution-focused organization

## **Certification**

### **Certification as a Solution-Focused Practitioner**

Solution Talk™ is the first, and only, training program in Western Canada approved by the internationally recognized CCPC.

## **Workshops**

**Many agencies require their staff** to attend these workshops for employment training. Earn Continuing Education Hours (CEUs).  
**Category A Status** for social workers,

## **Coaching**

### **Solutions Within™ Coaching Programs**

**Caribbean:** Feb. 1-5. Create the life you REALLY want.  
**Teleseminars:** Break through your limiting beliefs.

## **On-Site Training**

**Customized speaking** and training for organizations and conferences. Call us for a complimentary consultation.

## **Books and DVDs**

Order **Valuable Resources** for your learning!

Phone: 403 - 216 - 8255  
www.solutiontalk.ab.ca

Toll Free: 1 - 866 - 304 - 8255  
Email: soltalk@telusplanet.net

***Fabulous! Engaging!  
Right on!***

Sandi Della Vedova,  
Instructional Leader,  
Guidance Program and  
Services,  
Toronto District School  
Board

***"The Solution-Focused  
Strategies for Nurses was  
the best workshop I  
have ever attended."***

Patricia Barry,  
Registered Nurse,  
British Columbia

***"The solution-focused  
approach has made a big  
difference in our school."***

Del Bouck, M.Ed., Principal,  
Edmonton Public Schools

***"I learned more in this  
workshop than the last  
three days of the  
conference!"***

Janice Holley, M.Sc.,  
Educational Leader,  
Sunnybrook Women's  
College, Toronto

*“One of the top five workshops I have attended. Nancy ranks with the well known names”*

Pat Heuchert,  
Counsellor,  
Manitoba Teachers’  
Society

*“One of the most useful workshops I have attended in 27 years of teaching.”*

Barry Pratte,  
Grade 7 Teacher,  
Alberta

*“Nancy’s extensive experience is invaluable.*

*Her workshops consistently receive excellent ratings by front line and supervisory staff. I would highly recommend her training services for any organization.”*

Lynn King,  
Training Consultant,  
Alberta Children’s  
Services



## Save \$100 when you register for 2 workshops

**Audience:** Education, human service and health care professionals, counsellors, child and youth workers, probation and justice, children's services workers, domestic violence workers, social work, psychologists, managers, family support workers, family-school liaison workers. **You must attend Level 1 before attending the other workshops. Exception: Summer intensives.**

**CEUs:** Receive 11 contact hours credit per workshop (exclusive of lunches and breaks) and Certificate of Attendance. Accepted by the CCA, and other professional associations. **Social Work: Category A status CEUs**

See back page for Schedule and Discounts

## Solutions Within™ Life Coaching Program

Discover your purpose; develop clarity about your goals; learn skills for dealing with your “internal critic;” create abundance; ; break through your limiting beliefs; develop action plans for success. Take the time to **create the life you REALLY want.**

**5 DAY PROGRAM IN THE CARIBBEAN February 1-5**

On the Island of Bonaire, near Aruba. Register by October 15 and save \$500.

## Certificate Program

Earn 60 hours of workshop instruction, and supervision hours for certification as a **Solution-Focused Practitioner with the CCPC** (Canadian Council of Professional Certification).

Go to [www.solutiontalk.ab.ca](http://www.solutiontalk.ab.ca) for more information

## Keynotes and Training for your Organization or Conference

Key-notes and customized training for Health Care, Education, Counselling and Human Service organizations. Here are some topics to inspire you!

### Education

The Solution-Focused School  
The WOWW Project  
Solution-Focused Parent-Teacher Meetings  
Create a Solution-Focused Classroom

### Health Care

How to Make the Most of a Single Session  
How to Help Clients Who Resist Change  
5 Ways to Motivate Your Patients  
How to Instill Hope

### Managers, Human Resources, Organizations

Seven Solution-Focused Leadership Skills  
How to Solve problems Quickly and Effectively  
How to Become a Solution-Focused Organization

## Speaker and Author: Nancy McConkey

Nancy McConkey, MSW, is a professional speaker, leading Canadian authority on the solution-focused approach, author of the book, *Solving School Problems. Solution-Focused Strategies for Principals, Teachers and Counsellors*™ and two DVDs. Her book has been sold in five countries and is considered a ‘must read’ for school divisions.

Nancy is the only Associate Examiner in Western Canada for the CCPC and is a certified Dream Coach ®. She has over 20 years of experience as a therapist, consultant, trainer, and has done hundreds of workshops for health care, education, counselling and allied helping professionals.

A dynamic and informative speaker, Nancy is a featured presenter at national and international conferences. She is known for her engaging style and impactful involvement of the audience

**Take 2 workshops in the same week or sign up for 2 and save \$100.**

### **Level 1: Solution-Focused Counselling (SFC)**

Learn practical skills that you can immediately use. Learn how to: *shift a meeting from problem talk to solution talk*™; motivate clients; and how to use solution-focused questions to create change quickly. **You must take Level 1 prior to other workshops. Exception: Intensives**

### **Level 2: SFC with Difficult Clients**

Deal with tough problems; work with "unmotivated", mandated or involuntary clients; work with chronic, multiple-problem situations; deal with set-backs and relapse.

### **SFC with Children and Youth**

Involve children in solution-building; deal with bullying, anger management, violent behaviour, loss, peer conflict, family issues, and behaviour problems.

### **SFC with Crisis, Suicide and Loss**

Elicit hope; deal with threats of self-harm; build upon "reasons for living"; help people deal with loss or past trauma; and SF crisis-intervention.

### **NEW! SF with School and Classroom Problems**

Truancy, bullying, classroom management, behavioural problems, academic issues, at-risk-youth, working with parents, and the WOWW project.

### **NEW! SF Conflict Resolution**

Deal with parent/teen conflict; diffuse conflict in a meeting; peer conflict; integrate SF skills in mediation, restorative justice and peer-support programs.

### **NEW! Intensives: Penticton Lakeside Resort**

Relax on the beach, visit local vineyards, have a vacation in this amazing place. See schedule for **Fall and Summer** dates.

### **Caribbean Programs: Island of Bonaire (near Aruba)**

Bonaire combines European and Caribbean cultures, is safe, English-speaking, a relaxed setting, and world-famous for diving, snorkeling, and windsurfing in pristine waters.

#### **Advanced Solution-Focused Skills: January 25-28**

Small group work customized for your learning needs. CEUs and supervision hours.

#### **Solutions Within™ Life Coaching: February 1-5.**

Register by October 15 and save \$500. Register for both programs and save more.

**BOOKS:** Solving School Problems  
SF Skills for Nurses and Health Care Professionals

**DVDs:** A Solution-Focused Parent-Teacher Meeting  
SF Conflict Resolution: School and Family Issues  
\$39.95 each plus shipping and GST. Purchase online at [www.solutiontalk.ab.ca](http://www.solutiontalk.ab.ca)

Call us to discuss  
your training  
needs

Toll-free  
1-866-304-8255

*"Nancy is a gifted  
therapist, teacher and  
presenter."*

Deb Worobec,  
Counsellor,  
Alberta

*"Nancy is a powerful  
workshop leader and  
presenter."*

Dr. Gerry Falk,  
Psychologist and School

*"We were very pleased to  
have you at our con-  
ference. We continue  
to hear terrific things  
about your workshop.  
We tallied the evaluations  
and you scored a 99 per-  
cent. Obviously, you  
struck a chord with our  
members."*

Frances Scovil,  
Professional  
Development and  
Support,  
Dietitians of Canada

*"Nancy McConkey is an  
inspiring presenter. She  
lives the solution-focused  
model. I will highly rec-  
ommend her workshops to  
others."*

Fred Reekie, PhD.,  
Department of Education,  
University of Sask.

**SCHEDULE : Save \$100. Take 2 workshops in the same or different week.**

**Level 1: Solution-Focused Counselling**

Edmonton.....October 27-28  
Calgary ..... November 3-4  
Penticton .....November 17-18  
Prince George.....December 8-9  
Edmonton.....March 2-3  
Calgary .....April 6-7  
Thunderbay..... June 15-16  
Penticton ..... July 6-7

**SFC with School and Classroom Problems**

Edmonton..... November 24-25  
Calgary ..... May 25-26  
Penticton ..... July 13-14

**SFC with Children and Youth**

Edmonton..... May 4-5

**Caribbean: Advanced SF Skills: Jan. 25-28**

**Level 2: SFC with Difficult Clients**

Edmonton.....October 29-30  
Calgary ..... November 5-6  
Penticton .....November 19-20  
Prince George.....December 10-11  
Edmonton.....March 4-5  
Calgary .....April 8-9  
Thunderbay..... June 17-18  
Penticton ..... July 8-9

**SF Conflict Resolution**

Edmonton..... November 26-27  
Calgary ..... May 27-28  
Penticton ..... July 15-16

**SFC with Crisis, Suicide and Loss**

Edmonton..... May 6-7

**Caribbean: Life Coaching ..... Feb. 1-5**

**TO REGISTER**

**Toll Free**  
1-866-304-8255  
In Alberta  
403-216-8255

**Online**  
www.solutiontalk.ab.ca  
Pay online with  
with credit cards

**E-Mail**  
soltalk@telusplanet.net

**Mail**  
Registrations  
Solution Talk Inc.  
P.O. Box 247  
Bragg Creek, AB  
TOL OKO  
Include form below.  
Pay by cheque, credit  
card or purchase order

**TUITION**

**One Workshop:** \$549 (+GST \$27.45) **GST#:** 39731566. **Two workshops:** \$998 (+GST49.90) when paid for at same time. **6 workshops: Get one free when you register for 6 workshops. Payment must be made in full. Caribbean programs. Oct. 15 deadline for discounts.** Contact us for information.

**Cancellation Policy:** We reserve the right to cancel workshops due to unforeseen circumstances or under-enrollment. Liability is limited to a refund for workshop fees only. Fees are for tuition only. Once received or charged, payments are final and non-refundable. You may transfer your tuition to another workshop or to a colleague.



**TO REGISTER OR BE ON OUR MAILING LIST**

**Level 1: Solution-Focused Counselling** Location: \_\_\_\_\_ Date: \_\_\_\_\_

**Level 2: SFC with Difficult Clients** Location: \_\_\_\_\_ Date: \_\_\_\_\_

**SFC with Children and Youth** \_\_\_\_\_ **SFC with Crisis and Suicide** \_\_\_\_\_ **SFC Conflict Resolution** Date: \_\_\_\_\_

Location: \_\_\_\_\_ **SF School and Classroom:** Location \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Job Title: \_\_\_\_\_

Organization: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone (w): (\_\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_\_) \_\_\_\_\_ Phone (res): (\_\_\_\_\_) \_\_\_\_\_

*Please provide all contact numbers in case we need to reach you regarding last minute changes)*

Email: (H) \_\_\_\_\_ (W) \_\_\_\_\_

How did you find out about the workshop? Colleague Mail out Web Journal, which one? \_\_\_\_\_

What other workshops have you taken with Nancy? \_\_\_\_\_

Social Workers: Do you need this workshop for Category A Status? \_\_\_\_\_

Cheque, Money Order, or Purchase Order, payable to Solution Talk Inc. Amount Enclosed: \_\_\_\_\_

Credit Card: VISA: \_\_\_\_\_ MasterCard: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Authorized Signature (required for credit card payments in mail: \_\_\_\_\_

**Workshop location, hotel and other details are provided when you register.**

**Privacy of Information:** We do not sell or rent our mailing list. Your information is used for administration purposes.