

Workshops : Solution-Focused Strategies

*for Education, Health Care, Counselling,
Human Service Professionals,
Managers and Supervisors*

2010-2011 Alberta British Columbia

Learn powerful, practical strategies for creating solutions quickly and effectively.

- Focus on **Solution-Building** rather than history of problems
- Shift any meeting from "*problem talk*" to "*solution talk*"
- Work with "**unmotivated**" clients, students or patients
- SF with physical & mental illness, addictions, school problems
- Resolve **conflict** quickly
- Do **brief, single-session** counselling
- Become a **solution-focused school or organization**



Solution Talk Inc.
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Bragg Creek, AB T0L 0K0

PLEASE POST AND SHARE BROCHURE WITH COLLEAGUES. MORE ONLINE!

**Phone: 403 - 216 - 8255
www.solutiontalk.ab.ca**

**Toll Free: 1 - 866 - 304 - 8255
Email: soltalk@telusplanet.net**

*Fabulous! Engaging!
Right on!*

Sandi Della Vedova,
Instructional Leader,
Guidance Program and
Services,
Toronto District School
Board

*"The Solution-Focused
Strategies for Nurses was
the best workshop I
have ever attended."*

Patricia Barry,
Registered Nurse,
British Columbia

*"The solution-focused
approach has made a big
difference in our school."*

Del Bouck, M.Ed., Principal,
Edmonton Public Schools

*"I learned more in this
workshop than the last
three days of the
conference!"*

Janice Holley, M.Sc.,
Educational Leader,
Sunnybrook Women's
College, Toronto

“One of the top five workshops I have attended. Nancy ranks with the well known names”

Pat Heuchert,
Counsellor ,
Manitoba Teachers’
Society

“One of the most useful workshops I have attended in 27 years of teaching.”

Barry Pratte,
Grade 7 Teacher,
Alberta

“Nancy’s extensive experience is invaluable. Her workshops consistently receive excellent ratings by front line and supervisory staff. I would highly recommend her training services for any organization.”

Lynn King,
Training Consultant,
Alberta Children’s
Services



AUDIENCE & CONTINUING EDUCATION HOURS

Audience: Education, human service and health care professionals, counsellors, child and youth workers, probation and justice, children's services workers, domestic violence workers, social work, psychologists, managers, family support workers, family-school liaison workers.

CEUs: 11 contact hours credit per 2- day workshop & Certificate of Attendance. Accepted by CCA, counselling, social, teaching and other professional associations.

Alberta Social Workers: Category A status CEUs

See back page for Schedule and Discounts

Life and Success Coaching

A LIFE COACH HELPS YOU TO SET AND ACHIEVE YOUR GOALS.

- Develop clarity about your goals and vision
- Overcome internal doubts and fears
- Create financial abundance
- Break through your limiting beliefs
- Discover your purpose
- Develop action plans for success

Create the life you REALLY want.

Phone, Skype, Vision Board workshop, webcam coaching

Keynotes and Onsite Training

Key-notes and customized training for Health Care, Education, Counselling and Human Service organizations. Here are some topics to inspire you!

Education

5 Ways to Motivate Students
The Solution-Focused School
SF Parent-Teacher Meetings
The Solution-Focused Classroom

Health Care

Single- Session Counselling
How to Help Clients Who Resist Change
SF Goal-Setting for Healthy Lifestyles
SF with Chronic Illness

Other Workshop Topics

SF with Domestic Violence
SF with Crisis, Suicide & Loss
SF with Addiction Problems
SF with School Problems
SF with Children and Youth
SF with Mental Illness

Speaker and Author: Nancy McConkey

Nancy McConkey, MSW, is a professional speaker, leading Canadian authority on the solution-focused approach, and author of *“Solving School Problems. Solution-Focused Strategies for Principals, Teachers and Counsellors”* and two DVDs. Her book has been sold in five countries and is considered a “must read” for school divisions.

Nancy has over 20 years of experience as a family therapist, consultant, trainer, and has done hundreds of workshops for health care, education, counselling and allied helping professionals. As a certified Dream Coach®, she helps people create their dream life.

A dynamic and informative speaker, Nancy is a featured presenter at national and international conferences. She is known for her engaging style and impactful involvement of the audience.

ATTEND 3 WORKSHOPS IN THE SAME WEEK . SAVE \$

Level 1: Solution-Focused Strategies

Learn: the difference between problem-focused and solution-focused questions; 7 key solution-focused interviewing skills; 9 types of solution-focused homework tasks; and how to shift any meeting to solutions. **You must take Level 1 prior to other workshops.**

Level 2: SF with “Unmotivated” Clients

Learn how to : involve “unmotivated”, mandated or involuntary clients, students or patients; achieve results with chronic, multiple-problem situations; and positively deal with set-backs or relapse.

Level 3: SF with Serious Problems

Learn how to apply the SF model to a wide variety of problems including: suicide, grief, loss, bullying, domestic violence, bullying, peer problems, relationship breakdown. Case examples are adjusted to your training needs.

Level 4: Consultation and Skill Development

Do you want an opportunity to get input regarding “tough” cases? Need a chance to practice SF skills? Want to be rejuvenated? Come prepared to discuss cases, practice skills, and obtain new ideas from the SF world. Consultation and supervision available by phone/webcam/teleconference.

Vision Boards : Powerful Tools for Goal-Setting

When you tell your brain what you want. it creates new patterns and connections towards your goals. Neurologists call this the science of “neuroplasticity”. Learn how to use vision boards to help children/ adults/yourself set and maintain goals. This **one-day workshop** is fun and transforming.

Summer Intensives : Osoyoos Lakeside Resort

Relax on the beach, visit local vineyards, have a vacation in the amazing Okanagan Valley.

Order these useful resources

“Solving School Problems: Solution-Focused Strategies for Principals, Teachers and Counsellors”

“This book is wonderful-the format is so useable and reader friendly. Best, it offers very concrete ideas for solving the kind of issues educators face.”

Dr. Michelle Borba, Author & Educational Consultant

DVD: “A Solution-Focused Parent-Teacher Meeting”

Demonstrates how to work with an angry, venting parent who blames the teacher for problems. Useful for everyone who wants to know how to any shift meeting from problems to solution-building.

DVD: “SF Conflict Resolution: School and Family Issues”

A family crisis erupts after the teen-age son, while intoxicated, physically threatens his father. Watch how the interviewer masterfully redirects anger and conflict towards solution-building.

Upcoming Book: SFI for Nurses, Dietitians, and Allied Health Care Professionals

**\$40 inc GST each plus shipping . Purchase online at www.solutiontalk.ab.ca
Discounts for multiple orders**

**Call us to discuss
your training
needs**

**Toll-free
1-866-304-8255**

*“Nancy is a gifted
therapist, teacher and
presenter.”*

Deb Worobec,
Counsellor,
Alberta

*“Nancy is a powerful
workshop leader and
presenter.”*

Dr. Gerry Falk,
Psychologist and School

*“We were very pleased to
have you at our
conference. We
continue to hear terrific
things about your
workshop. We tallied the
evaluations and you
scored a 99 percent.
Obviously, you struck a
chord with our
members.”*

Frances Scovil,
Professional
Development and
Support,
Dietitians of Canada

*“Nancy McConkey is an
inspiring presenter. She
lives the solution-focused
model. I highly
recommend her workshops
to others.”*

Fred Reekie, PhD.,
Department of Education,
University of Sask.

SCHEDULE : You can take 3 workshops in the same week . Save \$ **TO REGISTER**

Level 1: SF Strategies
 Calgary October 18-19, 2010
 Edmonton November 22-23, 2010
 Edmonton February 28 - March 1, 2011

Level 2: SF with "Unmotivated" Clients
 Calgary * * * * *
 Edmonton November 24-25, 2010
 Edmonton March 2-3, 2011

Level 3: SF with Serious Problems
 Edmonton April 11-12, 2011

Level 4: Consultation and Skill Development
 Edmonton April 13-14, 2011

Vision Boards for Goal-Setting
 Calgary October 20, 2010
 Edmonton November 26, 2010

Vision Boards for Goal- Setting
 Edmonton March 4, 2011
 Calgary April 15, 2011

Summer Intensive 2011
Level 1: Solution-Focused Strategies
 Osoyoos July 4-5, 2011

Summer Intensive 2011
Level 2: Solution-Focused Strategies
 Osoyoos July 6-7, 2011

Vision Boards for Goal-Setting

Osoyoos July 8, 2011

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Online
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 Pay online with
 with credit cards

E-Mail
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Mail
 Registrations
 Solution Talk Inc.
 P.O. Box 247
 Bragg Creek, AB
 TOL OKO
 Include form below.
 Pay by cheque, credit
 card or purchase order

TUITION : PAY FOR 2, 2-DAY WORKSHOPS , SAVE \$50

LEVEL 1 OR 2 WORKSHOP: \$495 (inc GST) **GST#:** 39731566. **2, 2-DAY WORKSHOPS:** paid for at same time: \$940 (inc GST) **Payment must be made in full.** **VISION WORKSHOP:** \$195 (inc. GST).
Cancellation Policy: We reserve the right to cancel workshops due to unforeseen circumstances or under-enrollment. Liability is limited to a refund for workshop fees only. Fees are for tuition only. Once received or charged, payments are final and non-refundable. You may transfer your tuition to another workshop or to a colleague. Please give us the name and contact information for the person who will be attending as replacement.

✂ **TO REGISTER OR BE ON OUR MAILING LIST**

Level 1: Solution-Focused Strategies : Location: _____ Date: _____
Level 2: SF with "Unmotivated" Clients Location: _____ Date: _____
Level 3: SF with Serious Problems: _____ **Level 4: Consultation and Skill Development:** _____
Vision Boards Location: _____ Date: _____

Name: _____ Job Title: _____
 Organization: _____ Address: _____
 City: _____ Province: _____ Postal Code: _____
 Phone (w): _____ Cell: (_____) _____ Phone (res): (_____) _____

Please provide all contact numbers in case we need to reach you regarding last minute changes
 Email: (H) _____ Work Email: _____
 How did you find out about the workshop? Colleague Mail out Web Journal, which one? _____
 What other workshops have you taken with Nancy? _____
 Social Workers: Do you need this workshop for Category A Status? _____
 Cheque, Money Order, or Purchase Order, payable to Solution Talk Inc. Amount Enclosed: _____
 Credit Card: VISA: _____ MasterCard: _____
 Name on Card: _____ Expiry Date: _____
 Authorized Signature (required for credit card payments): _____
 Please advise us of any special needs. _____

Workshop location, hotel and other details are provided when you register.
Privacy of Information: We do not sell or rent our mailing list. Your information is used for administration purposes.